## My First Cycling Experience

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Sunny

James and I went cycling from Sha Tin to Tai Po Yesterday. It was my first time to go cycling. James and I were so excited. We wore a helmet. We both chose bicycles with a basket at the front.

Along the way, the weather was nice. We saw high mountains and a blue sky. The view was beautiful. James took out his mobile phone from his backpack because he wanted to take photos of the beautiful scenery.

While he was too busy to take photos with his phone, he lost control suddenly. Dad and I were shocked. Dad shouted at the same time, 'Be careful!' Finally, James put down his mobile phone and stopped. Luckily, he was not injured. He said sorry to dad and promised not to do it again.

After this accident, we learnt that safety is the first. Although we want to take photos of beautiful views, we must never do it when we are on a bike.









